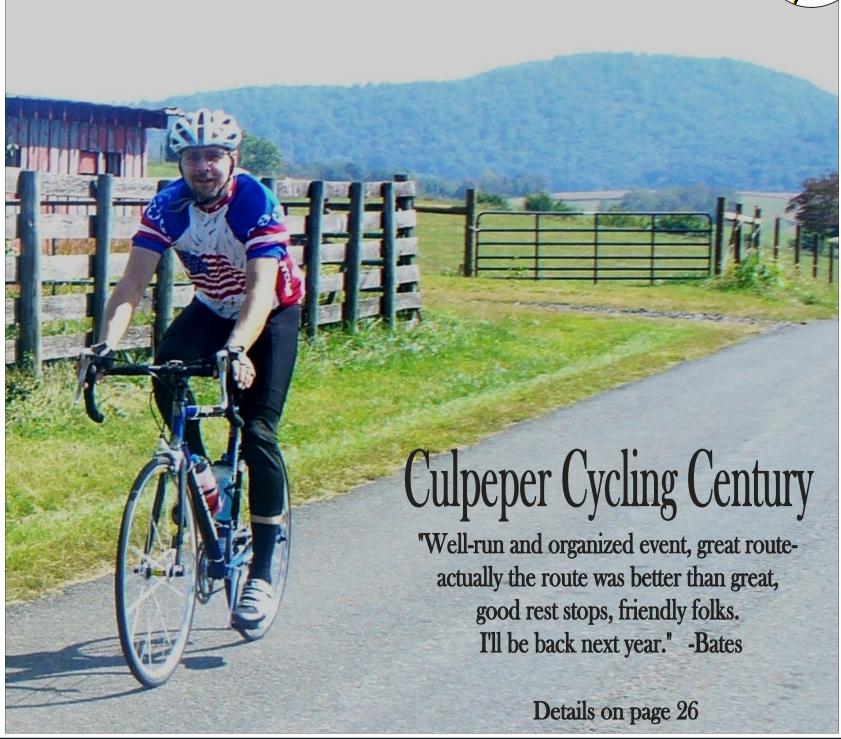


## **Activity Schedule Pull-Out**

January - March 2010



web.CulpeperCounty.gov

#### ARTS & CRAFTS



#### LEARN TO PAPER PIECE

Ages 18-adult, 8wks

For those that already know how to quilt and would like to learn

paper-piecing (also called foundation piecing), an advanced technique of quilting, come out and let long time quilter, Joyce Calhoun show you how it's done. The design that will be made

using this technique is a Mariner's Compass. Cutting and sewing will start the first class. Must have your own sewing machine.



A pre-class meeting will be held on Jan. 27 at 6:00p

to go over material and supplies needed. Please RSVP by phone or email to reserve your space for this meeting.

*Instructor:* Joyce Calhoun Floyd T. Binns M.S.

Register by: 2/11 # 1610.0124 W 2/17-4/7 6:00p-8:00p \$45



**Culpeper County Parks and Recreation** 

#### BEGINNING CROCHET

Ages 12-adult, 2wks Learn to make a chain and the basic crochet stitches: slip stitch,

single crochet, half double crochet, double crochet, and treble (triple) crochet. Also learn to crochet in the round. Class introduces crocheting tools and accessories, selecting and caring for yarn, understanding yarn labels and crochet patterns, and more. Yarn for a scarf and two small projects, two crochet hooks, and an instruction book will be provided.

Instructor: Rosanne Berkenstock Dog House Yarns & More, 708 Sunset Ln Register by: 1/26 #1610.0241

Register by: 1/26 #1610.0241 M 2/1-2/8 7:00-9:00p \$65



#### BEGINNING KNITTING 101

Ages 12-adult, 3wks Learn how to cast on, knit and purl, how to bind off, how

to combine knit and purl stitches into new stitch patterns, and how to fix common mistakes. Class will also introduce knitting tools and accessories, selecting and caring for yarn, understanding yarn labels, reading basic patterns, and more. Yarn for a scarf and two small projects, needles, and an instruction book will be provided.

Instructor: Rosanne Berkenstock
Dog House Yarns & More, 708 Sunset Ln
Register by: 2/16 #1610.0240

2/22-3/8 7:00-9:00p \$75

#### JUST FOR FUN...

M

What do each of the groupings of words have in common?

- 1. George, Paul, Ringo
- 2. Human, Rat, Relay
- 3. Ducks, Debtors, Congress
- 4. Pick-up, Fire, 4x4
- 5. Pool, Loan, Great White
- 6. Telephone, North, Totem
- 7. Spears, Chips, Sweet

Answers on page 21

Did you know that a group of...

Owls is called a Parliament Crows is called a Murder Swans is called a Bevy Tigers is called a Streak Apes is called a Shrewdness Buffalo is called an Obstinacy Ferrets is called a Business Porcupines is called a Prickle

Source: http://www.npwrc.usgs.gov/about/faqs/animals/names

#### **DANCE**



#### BALLET / TAP COMBO

Ages 5-12, 7wks

For those that are just getting started come out and learn both

ballet and tap dancing in one class! Ballet & Tap shoes optional but not required. **No Class 2/15.** *Instructor:* Woods Gymnastics

13409 Beverly Ford Rd, Elkwood *Register by:* 1/26

M 2/1-3/22 \$59

Ages 5-6 5:00-6:00p #1611.0149 Ages 7-12 6:00-7:00p #1611.0134



## Ag Jo

## INTRO TO COUNTRY LINE DANCING

Ages 13-adult, 6wks

Join veteran dance instructor Maggie Corradi and her husband

John for an enjoyable evening of boot-scootin' fun! Maggie and John's infectious enthusiasm for line dancing will put a smile on your face and a hitch in your git-along.

No experience necessary, just pull on your jeans and your boots, and leave your cares behind.

Instructors: Maggie & John Corradi Location TBA (visit website)

Register by: 2/3 #1611.0239

Tu 2/9-3/16 7:00-8:00p \$35



#### HEALTH & FITNESS

#### FIT KIDS

Ages 4-12, 8wks

Fitness should be a learning experience that encourages good

habits, positive attitudes and fun. In Fit Kids, children will be introduced to the three main components of health and fitness: cardiorespira-

tory fitness, muscular strength & endurance, and flexibility. Kids will develop these skills through fun activities such as obstacle courses, games, relay races, plyometrics, and

stretching. All exercises

and activities are developed specifically for the needs of children. Instructor is certified through Aerobics and Fitness Association of America This class is geared towards pre-(AFAA). school and home-schooled children.

Instructor: Dawn Borja, Let's Dance of Culpeper 120 W. Culpeper St. Suite 2

Register by: 1/20 1/26-3/16 7 yrs Tu

7-11:15a #1612.0214 11:30a-12:00n #1612.0215

#### TAI CHI

Ages 16-adult, 4wks

Tai Chi is a gentle, flowing, meditative-style of exercise that produces greater energy and ease for the body, mind and spirit. This wonderful, healthy exercise is appropriate for both men and women.

Instructor: Remi Godlewski Community Room, 303 N. Main 3:30p-4:30p \$33

3/3-3/24 #1512.0135 Register by: 2/25 4/7-4/28 #1512.0136 Register by: 4/1

#### **CARDIO KICKBOXING**

Ages 18 & up, 4wks

Do you need to work off the stress from commuting and the job? Consider spending an hour kickboxing! We'll concentrate on learning and perfecting the kicks and punches, while putting the moves together for a great aerobic workout.

Instructor: Remi Godlewski Community Room, 303 N. Main

4:45p-5:45p \$33 3/3-3/24 #1512.0137 Register by: 2/25 4/7-4/28 #1512.0138 Register by: 4/1



#### SHOTOKAN FOR THE FAMILY Ages 6-adult

This is an intro class to the basics of one of the most popular martial arts, with emphasis on safety and personal development. Ages 6-17 must be accompanied by a registered

Instructor: Remi Godlewski Community Room, 303 N. Main

W 6:00p-7:00p \$33

3/3-3/24 Register by: 2/25 #1512.0139 4/7-4/28 #1512.0141 Register by: 4/1

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#### web.CulpeperCounty.gov

Youth Sport Leagues .... 23

155 West Davis Street, Suite 100 Culpeper, Virginia 22701

Phone: (540) 727-3412



#### LEISURE LEARNING



#### GET A HOOT OUT OF OWLS

Ages 8-Adult, 1day

Owls are all around us and in February they are particularly active. This class will begin with the chil-

dren's classic "Owl Moon" and will include how to identify common owls by their vocalizations, demonstrations related to their hunting ability and the opportunity to dissect your own owl pellet to see what an owl had for dinner!

Instructor: Kris Jarvis

Community Room, 303 N. Main Register by: 2/1 #1613.0147 Sa 2/6 12:30n-2:30p \$20



#### A BIRD'S EYE VIEW

Ages 8-Adult, 2days

Join other children and families across the country in helping sci-

entists learn about bird populations. In the first class, we will make bird feeders out of recycled items and learn to identify common birds that will visit your feeder. At the second class, we will enter the data you gathered at home on-line as a part of National Wildlife Federations' Wildlife Watch and participate in additional hands-on activities related to birds.

Instructor: Kris Jarvis Eastern View High School

Register by: 1/21 #1613.0163 1/27 & 2/17 6:00p-8:00p \$40

#### **DIGITAL CAMERA BASICS**

Ages 16-adult, 2wks So you've got yourself a shiny new digital camera. Have you figured out how to use all the features yet? If not, this is the perfect class to get you started. This class is designed for the standard Point & Shoot cameras.

Instructor: Brian Ashdown Floyd T. Binns M.S.

Register by: 1/28 #1613.0164 2/3-2/10 W 6:00-8:00p \$38

#### ADVANCED DIGITAL PHOTO

Ages 16-adult, 6wks

This class will focus on Digital Single Lens Reflex Cameras. Topics covered will include: Usage and operation of the camera, menu functions, options for lighting, and more.

#### No class 2/15

Instructor: Brian Ashdown Floyd T. Binns M.S.

Register by: 1/26 #1613.0165 2/1-3/15 6:30-7:45p \$69

#### **CALLING ALL HOME SCHOOLERS**

Check out these classes....

Fit Kids.....page 17 Beginning Manners I.....page 18 Kids Club.....page 20

Gymnastics.....page 22

#### PAWS &HOOFS

#### K.I.S.M.I.F. DOG TRAINING

(Keep it Simple, Make it Fun) Handlers for classes must be 7 yrs or older (anyone under 16 must be with an adult)

#### STAR PUPPY KINDERGARTEN

Ages: Puppies 3-12 months; 8wks Now that you've got that adorable bundle of fur, let's get started on the ABC's of puppy training using positive reinforcement. This class incorporates the AKC's S.T.A.R. Puppy certificate program. (more class details are online)

> Instructor: BettyAnn Howell Community Room, 303 N. Main

Register by: 1/21 # 1614.0166 1/26-3/16 6:00-7:00p

#### **BEGINNING MANNERS I**

Ages: Dogs 5 months & up, 8wks

Tu

Bring Fido out to this class where he/she will learn basic commands and enjoy socializing with other dogs. Any dog, whether they're 5 months or 5 years, can attend.

Puppies 5-12 months wishing to participate in the STAR Puppy certificate program must register for the STAR Puppy Kindergarten class. Instructor: Margot French Community Room, 303 N. Main

Tu 1/26-3/16 \$99 Register by: 1/21 10:00-11:00a #1614.0167 7:00-8:00p #1614.0168

Sa 1/30-3/20 3:00-4:00p \$99

## Live here. Play here. CULPEPER COUNTY PARKS & RECREATION

#### **BEGINNING MANNERS II**

Ages: Dogs 4 months & up, 8wks

**Prerequisite:** Must have previous dog obedience class or placement by instructor.

Now that your wonderful bundle of fur knows the basics of obedience: sit, stay, and come; it's time to work on encouraging him to listen to your commands every time.

Instructor: Betty Ann Howell Community Room, 303 N. Main Register by: 1/21, 1/22

\$99

Tu 1/26-3/16 11:00a-12:00n #1614.0169 Th 1/28-3/18 6:00p-7:00p #1614.0191

## CANINE GOOD CITIZEN / INTRO TO PET THERAPY

Ages: Dogs 6 months & up; 8wks

**Prerequisite:** Must have previous dog obedience class or placement by instructor.

This class will help you and your best friend pass the 10 steps required to receive a Canine Good Citizen certification.

Class will also provide an An AMERICAN KENNEL CLUB Program introduction to pet therapy.

 Instructor:
 Betty Ann Howell

 Community Room, 303 N. Main

 Register by:
 1/21 #1614.0192

 Tu
 1/26-3/16 12:00n-1:00p

#### DOG OBEDIENCE DISCOUNTS

- \* Seniors 55 & up 10% discount
- \* 2nd dog in same family—10% discount
- \* Dogs adopted from Culpeper Animal Shelter 20% discount must provide copy of adoption contract
- \* Only one discount per dog per family.

#### INTRODUCTION TO RALLY

Ages: Dogs 5months & up, 8wks

Prerequisite:
Dogs should

have previous obedience training. Knowledge of Sit, Stay, Down, Come, and Heel will be helpful.

This class will introduce you and your dog to the basic exercises performed in Rally, a sport that will help enhance the bond you have with your dog.

Instructor: Betty Ann Howell
Community Room, 303 N. Main
Register by: 1/22 #1614.0197
Th 1/28-3/18 7:00-8:00p

# the basic I in Rally, p enhance with your on Howell 303 N. Main

\$99

#### PRE-SCHOOL

#### TINY TAPPERS

Ages 3-4, 7wks

Come on out and let's make some noise! Bring your little one out to learn the basic steps of tap dance. Tap shoes optional but not required.

#### No Class 2/15

Instructor: Woods Gymnastics 13409 Beverly Ford Rd, Elkwood. Register by: 1/26 #1615.0143 M 2/1-3/22 4:00-4:30p \$50

#### My First Ballet Class

Ages 3-4, 7wks

For all the budding ballerinas out there, come on out and learn the basic positions and steps to becoming a real ballerina. Ballet shoes optional but not required. **No Class 2/15** 

Instructor: Woods Gymnastics 13409 Beverly Ford Rd, Elkwood.

Register by: 1/26 #1615.0146 M 2/1-3/22 4:30-5:00p \$50

#### **TUMBLING TODDLERS**

Ages: 18 months-3 years, 8wks

Class begins with a quick warm-up (running, jumping, dancing) followed by a little stretching. We then move to basic tumbling techniques (forward rolls, handstands, cartwheels). Each week the children will enjoy the fun of an obstacle course that includes tumbling, balance, and jumping skills. To make each week new and exciting no two obstacle courses are the same! After the obstacle course we have lots of fun with creative movement play utilizing such things as bean-bags, balloons, hula hoops, ribbons, and a parachute. Adult must participate with child during entire

<u>class.</u>
<u>Instructor</u>: Dawn Lat's Dance of Culpeper

120 W. Culpepe 7. Suite 200 Register by 20 #1615.0198 Tu 6-3/16 9:15- 9:45 a \$89

#### PRESCHOOL TUMBLING

Ages: 3-5 years, 8wks

Class begins with a quick warm-up (running, jumping, dancing) followed by a little stretching. We then move to basic tumbling techniques (forward rolls, handstands, cartwheels). Each week the children will enjoy the fun of an obstacle course that includes tumbling, balance, and jumping skills. To make each week new and exciting no two obstacle courses are the same! We will also have lots of

fun with creative movement play utilizing such things as bean-bags, balloons, hula hoops, ribbons, and a parachute. Children are encouraged to play and dance as fun music lays in the healest and the process.

Instructor: Day Borja Let's Dance of Culpeper 120 W. Culpeper St. Suite 200

*by*: 1/20 #1615.0199 1/26-3/16 10:00-10:30a \$89



#### KID'S CLUB

Ages 2-6 yrs

#### NOW OFFERED ON SATURDAYS!!!!

Children will discover all types of arctic and tundra habitats and the animals that live in them through a mixture of learning styles incorporating music and movement, active games, interactive stories, and arts & crafts.

Children must wear sneakers and socks and bring a labeled water bottle, milk, or juice from home. A light snack will be provided. We will have a celebration day (with a heavier snack) at the end of each month to recognize birthdays, special events, etc.

Program will feature themed educational television programming (for no more than 30 minutes during a class.)

See below for each day's theme. Register for just one or two classes or for all, its up to you.

*Instructor*: Wormack Productions & Creations Community Room, 303 N. Main St *Register by*: Wed before Class



#### Kids Club: Winter Wonderland –

Want to see what Kids Club is all about??? Come out and try a class for free! Space is limited. Call to re-

serve your space 727-3412 x4 or 5. Students will learn conservation, ecology, and about the states of matter of water and do art and hands-on sci-



ence experiments with states of matter, make weather crafts, and play ball sports.

10:30a-11:45a **FREE** 

M 1/25 #1615.0218 Sa 1/30 #1615.0219

#### **Kids Club: Passionate about Porpoises**

Students will learn about orca, beluga, and many other kinds of porpoises. They will make music and hear recorded whale songs, make a framed



undersea collage, experiment with mixed media (crayon and watercolor) for painting, and learn the difference between fish and sea mammals.

10:30a-11:45a \$20

M 2/1 #1615.0220 Sa 2/6 #1615.0225

#### Kids Club: So many Seals

Harp seals, elephant seals, hooded seals, and ring seals are just a few of the fascinating seals we will read about during this class. Activities will include doing fitness & science experiments with shapes on balance and surface tension, making a seal mask, and parachute play.

10:30-11:45 \$20

M 2/8 #1615.0226 Sa 2/13 #1615.0227

#### Kids Club: Walruses Wow!

Students will learn about the senses of animals with whiskers and the purpose and importance of tusks. They will also make a walrus mask, practice dental hygiene for their own "tusks" with their specially decorated toothbrush, and experiment with semi solids and liquids.

No Monday class.

10:30-11:45 \$20

Sa 2/20 #1615.0228

#### **Kids Club: Penguin Party**

Students will learn about the many varieties of penguins in both arctic regions. They will participate in a pen pal project to the Penguin Research initiative in Antarctica, celebrate and learn about arctic regional recipes.

10:30-11:45 \$20

M 2/22 #1615.0229 Sa 2/27 #1615.0230

#### **Kids Club: Blizzard Birds**

Students will learn about camouflage through other birds of the arctic, i.e., the arctic tern, snow geese, ptarmigan, and snowy owl. Activities will include making paper bag puppets, making a feather collage, and having a dress up day.

10:30-11:45 \$20

M 3/1 #1615.0231 Sa 3/6 #1615.0232

#### **Kids Club: Land Lovers**

Students will learn about snow foxes, caribou, wolverine, wolves, musk ox, ermine, and lemmings through active games. They will make an arctic hair



project, play hide and seek, and make an igloo.

10:30a-11:45a \$20

M 3/8 #1615.0233 Sa 3/13 #1615.0234

#### **Kids Club: Seasons of the Year**

Students will learn about the earth's weather regions and the seasons of the year using the globe. Students will conduct science experiments with hot and cold, make snow crafts, and make a "snow" snack.

10:30a-11:45a \$20

M 3/15 #1615.0235 Sa 3/20 #1615.0236

#### Kids Club: Polar Bear Party



Students will learn about the life of the polar bear and its endangered status. They will stuff an arctic stuffed friend, enjoy a fun conservation film,

and prepare an arctic dessert.

\*Note: \$20 supply fee paid to the instructor for this class only, for the stuffed bear friend.

10:30a-11:45a \$20 M 3/22 #1615.0237

Sa 3/27 #1615.0238



### RHYTHM & STRINGS

#### **BEGINNING GUITAR PART A**

Ages 11-adult, 7wks

This class will teach you the basic strumming techniques and chords to get you started playing. Must have your own guitar; if using an electric guitar, must bring an amplifier.

*Instructor:* Darcy Canton Floyd T. Binns M.S.

Register By: 1/27 #1616.0242 Tu 2/2-3/16 6:30p-8:30p



#### **BEGINNING GUITAR PART B**

Ages 11-adult, 7wks

**Prerequisite:** Beginning Guitar w/ Darcy Canton This class will continue where you left off, practicing rhythms, chording, basic guitar techniques, transposing music, and expanding music theory. Must have your own guitar; if using an electric guitar, must bring an amplifier.

Instructor: Darcy Canton

Floyd T. Binns M.S.

Register by: 1/27 #1616.0243 Tu 2/2-3/16 5:00-6:30p \$55

#### Just for Fun - Answers (from page 16)

Beatles
 They have Bills

2. Race4. Trucks

5. Shark 6. Poles

7. Pickle

Source: Thinklers! A collection of Brain Ticklers by Kevin Brougher

#### **SENIORS**

#### **SILVER CITIZEN CLUB:**

#### "OLD AGE IS NOT FOR SISSIES."

~Bette Davis, actress~

Feel like meeting a few new friends? Join us for Culpeper County Parks and Recreation's largest and most entertaining program. Every Wednesday join fellow active adults and senior citizens at a weekly meeting. Enjoy a covered-dish lunch and participate in activities like bingo, speakers, trips, holiday parties, crafts and other projects. For many of Culpeper's seniors the program provides an environment where lasting friendships are created. Feel free to try it out for a couple of weeks.

## INTERESTED IN BECOMING A SILVER CLUB MEMBER?

The Club meets every Wednesday from 10:00am – 2:00pm

<u>Location:</u> Culpeper County Library Meeting Room

Fee: \$9 per year

(Dues are collected each January).

Ages 55 and up

(Must be a Culpeper Resident)



#### **SENIOR WRITING CLUB**

Ages 50+

Everyone has a story to tell. Learn how to put your stories into words, talk and enjoy fun-filled writing exercises with fun-loving seniors. Don't worry about experience. Enjoy fun creative writing exercises.

*Instructor*: Marshall Conner Culpeper Library, Large Meeting Rm 2nd & 4th Wed of each month, 1-2p Fee: \$5 yearly

#### SPECIAL EVENTS

SILVER SCREEN CLUB

Do you like classic films? Then join us for a Friday afternoon movie. Films are selected from

American Film Institute's Top 100 Films List and for artistic merit. Join us for a discussion after the show. Everyone is welcome to attend!

For specific titles to be shown, contact Marshall Conner at <a href="mailto:mconner@culpepercounty.gov">mconner@culpepercounty.gov</a> or at 540-727-3412 ext 6.

Dates: Jan. 8, Feb. 5, March 5, April 9, GWC Piedmont Tech,

9432 James Madison Hwy, Rapidan

Dates: Jan 22, Feb. 19, March 19, April 16 Reformation Lutheran Church 415 S. Main Street

**Times:** 1:00 pm to approximately 3:30 pm (depending on film).

ADMISSION IS FREE!

event.



## Winter Schedule

#### MLB AQUAFINA PITCH, HIT, & RUN

Ages 7-14 (as of July 17, 2010)

Aquafina Major League Baseball Pitch, Hit & Run (PHR) is an exciting baseball skills competition that provides boys and girls, ages 7 to 14 (as of July 17, 2010), the opportunity to showcase their pitching, hitting and running abilities. PHR participants have the opportunity to advance through four levels of competition, starting with this, the Local and progressing on to Sectional competitions, Team Championship events at all 30 Major League ballparks, and the National Finals at the MLB All-Star Game. Any participant registering must compete in all three events.

A photocopy of the participant's birth certificate must be submitted at the event to participate. This photocopy is your admission ticket. Pre-registration is required by April 21st. Registrations will not be processed at the

Please use special PHR registration form available on page 23.

Event Coordinator: Tabitha Riley Culpeper Sports Complex, Field #16 Register by: 4/21 #2518.0217

Su 1:00pm 4/25

**FREE** 



#### **SPORTS**



#### **GYMNASTICS FOR** HOMESCHOOLERS

Ages 6-18, 8wks Whether you've always wanted to learn or have some experience, this is the

class for you. Come on out to Woods Gymnastics and learn to tumble, use the balance beam, and more.

Instructor: Woods Gymnastics 13409 Beverly Ford Rd, Elkwood #1619.0142 Register by: 1/29 Th 2:45-3:45p 2/4-3/25

#### **CULPEPER CYCLING CENTURY**

All Ages, 1day

Mark your calendars now, for the 3rd Annual Culpeper Cycling Century bicycle benefit ride. This bicycle ride is fast becoming a tradition boasting great scenic beauty and paved road riding in Culpeper County during the most colorful season - Fall! For more information: www.CulpeperCyclingCentury.com Registration will begin on July 1st Event Coordinator: Tabitha Riley

Sa 10/2 9:00am start



#### CO-ED INDOOR SOCCER

Ages 30 & up, 11wks

Calling all soccer players 30 years old and up.



Just because it's cold outside doesn't give you an excuse to let your soccer skills get rusty. Sign up to play indoor soccer until it's time to go back out-

\$65

side. Must meet age requirements by 2/1/10. Volunteer Coordinator: Anthony Hudson Eastern View H.S. - Gym #1519.0216 Register by: 1/14 1/17-3/28 5:30p-7:30p \$60

#### TRIPS

Destinations for Day Trips are currently under consideration.

Possibilities include:

Potomac Eagle Train Trip, Romney WVa Tangier Island, departs from Reedville VA Madam Tussauds in D.C. National Zoo in D.C. Mount Vernon

If you have an idea for a destination (no more than 3 hours drive time from Culpeper) or a preference on the above mentioned trips, please e-mail Tabitha Riley with your suggestion at triley@culpepercounty.gov



TVIDE I Item, Titt,			
One household per registration	on form please. Photocopies of	of form are acceptable	
Adult / Parent: Name (First)	(Last)		
Birth Date/ Gender: o			
Street Address	City/State,	/Zip	
Home Phone ( )	Cell Phone (	)	
Emergency Contact (not parent): Name _		Relationship:	
Phone:	()		
Child Name	Birth Date	Age as of 7/17/09	Male /
			Female
	/ /		
	/ /		
	1 1		
l <u>L</u>		<u> </u>	

MRI Pitch Hit & Run Registration Form

#### MBL Aquafina PHR Waiver

On behalf of myself and the child for whom I am the legal guardian, I hereby release from liability, discharge, hold harmless, and relinquish and waive any i liability of and covenant not to sue LEJ Sports Group, Pepsi-Cola Company, i Major League Baseball Enterprises, Inc., the Office of the Commissioner of i Baseball, Major League Baseball Properties, Inc., the Major League Baseball i Clubs and each of their successors and assigns, all other Major League Basei ball related entities, and all employees, directors, officers, agents, representai tives, customers, purchasers and independent contractors of such entities, and The County of Culpeper / Culpeper County Parks and Recreation Department and each of those entities' respective affiliates, subsidiaries, franchises, officers, employees, agents, volunteers and representatives of each of those entities from all liability, claims, demands, losses, or damages on my account or the child identified above for whom I am the legal guardian caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise for any physical or mental injury, aggravation of any pre-existing illness or condition, permanent disability or death, property damage or other loss that may be sustained by me or my child in traveling to and from, or participating in, the PITCH, HIT & RUN<sup>TM</sup> competition.

I hereby authorize each of the entities listed above to depict in perpetuity my

I hereby authorize each of the entities listed above to depict in perpetuity my likeness, image, name, signature, and other indicia of my rights of publicity ("Images") in photographic or other works appearing in any and all media for purposes of promoting, advertising, or marketing current or future events related to baseball and PITCH, HIT& RUN™, and I agree that such images may be used for that purpose without compensation. I hereby certify that my child has not participated in any other 2009 PITCH, HIT& RUN™ local competition and will abide by the rules and regulations of such event, and that the information stated on the entry form on the reverse side is true. I acknowledge that any violation of the previous statement shall result in immediate disqualification of my child from the event, and I agree that my child and I understand the levels of advancement set forth for the PITCH, HIT & RUN™ competition, and that he/she does not automatically advance to the Team Championship level upon being declared a Sectional Champion, and that being declared the Team Champion does not automatically mean advancing to the National Finals at the 2009 MLB™ All-Star Game® in St. Louis MO

By signing below, I acknowledge that I have carefully read the information and agree to the terms stated above.

Parent / Guardian Signature (if participant 17 or younger)

#### **County of Culpeper Assumption of Risk and Release:**

In agreeing to participate in the program, as an adult participant or as a parent or a guardian of a participant, I and/or the participant do hereby affirm that the general health of the participant is good, and that the participant is not adversely affected by exercise, and that the participant is capable of performing an activity of this nature. In consideration of participating in this activity, I and/or the participant do hereby assume all risk of any injury to the participant and will indemnify and hold harmless, from any and all liability, action, cause of action, claims, and demands of every kind or nature whatsoever that I and/or the participant have or which arise from or in connection with my participation in this activity, the County of Culpeper, Virginia, the County Board of Supervisors, the Culpeper County Department of Parks and Recreation, the Culpeper County School Board, the Town of Culpeper, and all their officers, agents, employees, staff, volunteers and successors.

It is likewise assumed and agreed that the participant will, at his own expense, wear the proper clothing and protective equipment during the activity, and that it is the responsibility of the participant or parent or guardian to make sure the criteria are met. I grant my permission to the county or its agents to transport the participant to and from an event or activity when required and hold harmless those assigned to transport. I also agree to allow transportation of the participant to the nearest physician or hospital for medical treatment and agree to allow for immediate first aid to the injured participant, if and when deemed necessary.

Media Release: I understand that I may be photographed and/or videotaped while participating in this activity. I agree to allow Culpeper County Parks & Recreation Department to use said photographs and/or videotapes in Department publications, media campaigns, educational and/or safety purposes, but not for any profitmaking activity. I further waive any remuneration for publishing and/or printing such photographs of me. I understand that by affixing my signature on this form that I attest to having read, fully understand and agree to the conditions as set forth above.

Parent / Guardian Signature (if participant 17 or younger)

## THE LEISURE TIMES RECREATION GUIDE

Below is a listing of non-profit recreational groups based in Culpeper County. These are not operated by the Parks and Recreation Department.

For information on registering for any of the leagues listed below, please contact the person listed. Additional contacts / website information for the leagues is available on the Parks & Recreation website.

#### **YOUTH SPORTS:**

Chris Settle - 540-222-8060
Culpeper Youth Basketball Greg Ward - 540-547-9188
Summer Youth Basketball
Terry Hoffman - 540-522-6359
Culpeper Youth Baseball Debbie McLlwee - 540-829-0988
Rappahannock Culpeper Baseball Amy Hitt - 540-937-7900
Culpeper Lacrosse Association Foundation Matt Verado - 540-937-4766
Culpeper Soccer Association —
www.culpepersoccer.net
Culpeper Wrestling Federation
Mark Hamilton - 540-547-2696

Culpeper Football Association & Cheer -

#### ADULT SPORTS:

Culpeper Women's Flag Football League Helen White - 540-423-4095

#### COMMUNITY:

Blue Ridge Chorale of Culpeper www.brcsings.com
Culpeper Blue Angels All-Star Cheer & Dance
Kym Majors - 540-727-2087
Culpeper Carousel (batons)
Kim Bonner - 540-829-6444

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#### **5 EASY WAYS TO REGISTER!**



#### By Phone

• Once you set up your ActiveNet customer account, call 540-727-3412 and select either extension 4 or 5. Payment must be made by credit card to register over the phone. ActiveNet customer accounts



#### By Fax

can also be set up via phone.

• Once you set up your ActiveNet customer account, simply complete the registration form and payment information (credit cards only) and

fax to 540-727-2802.



#### **Online**

Simply go to web.culpepercounty.gov and under "County Government" select "Parks and Recreation", then click "Programs & Online Registration." Set up your ActiveNet customer account, and you can register from the convenience of your home or anywhere you have internet access.



#### Walk-In

Registration will be accepted at the Parks and Recreation Office, at 155 W. Davis St. Suite 100 from 8:00 a.m. to 4:30 p.m., Monday through

Friday (except holidays). Cash /Check/ Credit Card



#### By Mail

• Set up your ActiveNet Account online or include the set up form on page 24 with a completed registra-

tion form and payment,

- Mail to 155 W. Davis Street, Suite 100, Culpeper, Virginia 22701.
- Confirmations are done via email. Otherwise, please include a self-addressed, stamped envelope, if **you require** a confirmation.

#### **Registration Information**

#### ActiveNet

- ActiveNet is the new recreation software the Department has obtained to process registrations, provide online registration, and accept credit card payments.
- To begin using this system each household must have an account set up in order to register for any Department activities. Please complete the "ActiveNet Customer Account Form" on page 24 and fax or mail it to the department. You can also set up your account online. This form only has to be completed once.
- Registrations cannot be processed until the "ActiveNet Customer Account Form" has been received and processed by the Department, or you have set up your account online.

#### **Registrations:**

- Online registration begins on Friday, January 8. All other registration methods will begin on Monday, January 11.
- Full payment must accompany registration in the form of credit card, cash, checks, or money order payable to Culpeper County Parks and Recreation.
- Registrations are accepted on a first-come, first-served basis. Anyone can participate regardless of County of residence.

#### **Register By:**

• The registration decision date is when the Department has to have the minimum number of registrations to offer the activity. If the minimum is met by this date, registrations will continue to be accepted, unless otherwise stated, until the activity is full. However, if minimum is not met by this date, the activity will not be held.

#### **Refunds:**

- If a participant needs to withdraw from a program, a full refund will be issued if the Parks and Recreation Department has been notified <u>before</u> the start of the second class.
- If a participant withdraws from a program after the start of the second class, then a pro-rated refund, less a \$3 processing fee, will be issued.
- Refunds for one-day activities and all bus/van trips will be given in full, prior to the registration deadline. After the registration deadline, refunds less a \$3 processing fee, are **only given** if a substitute(s) is found and that substitute(s) registers with the Department before the activity/trip date.
- A refund check is mailed to the address on file and can take up to 45 days to receive.

#### **Cancellation Policies:**

- The Parks and Recreation Department reserves the right to cancel activities for any reason. Refunds are given for any canceled programs.
- The Parks and Recreation Department programs will be canceled when Culpeper County Public Schools cancel or close early, for inclement weather, natural disasters or other occurrences.
- Please listen to the following radio stations for closing announcements:
   92.5 FM, 95.9 FM, 103.1 FM, 104.5 FM, & 107.7 FM, visit www.cancellations.com, or call our office at 540-727-3412 and select option 1.

#### Adjustments

• Department staff has made every effort to prepare this section of the *Culpeper Minutes* as accurately as possible, however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Department reserves the right to make any necessary adjustments. The staff apologizes for any inconvenience these errors or adjustments may cause.

ActiveNet Customer Account



## Registration Form

**First Time Registering?**Please complete the ActiveNet Customer Account Form along with this registration form.

Now Accepted!!! Visa MasterCard American Express

One household per registration form please. Photocopies of form are acceptable. Account Main Contact Name: Home Phone: (

		Activity Name	#	Date(s)	Time	Fee
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Main contact must be at least 18 years of PRINT CLEARLY				
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City/Sta	ate			
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please include an additional sheet of paper with correct information.

Updates...



The **2<sup>nd</sup> Annual Culpeper Cycling Century** benefit bicycle ride, held on October 3<sup>rd</sup>, was, by all accounts, a success. It raised just over \$4,000 for the Culpeper Recreation Foundation, and it provided over 80 local and non-local bike enthusiasts three challenging routes of 21, 65 and 100 miles to choose from through Culpeper, Madison & Rappahannock Counties.

"I just wanted to let you know that the Parks and Recreation Department did a great job Saturday for the Culpeper Cycling Century and they should be congratulated. The routes, the turn marks, rest stops and after the initial fog, the weather, were all great," said Sam Walker of Culpeper, who rode

in the event. "This ride has the potential to draw much larger numbers, bringing in overnight visitors to hotels, restaurants and shops. It really was a great event. I hope it raised some decent money for the Recreation Foundation for the community complex."

Now in its second year the event boasts captivating local scenery, plenty of rolling hills and interesting rest stops along paved roads.

"The organizers and supporters were super-friendly and it was nice to see children pitching in and smiling at the rest stops. The police escort out of town was great, and the drivers in the area were gener-

ally very courteous," commented Ray Suziedelis of Falls Church, Virginia.

The ride, sponsored by 17 local sponsors in the business and private sector, benefited the Culpeper Recreation Foundation, a non-profit 501(c)3 foundation that promotes recreation opportunities in Culpeper County.

"This was the most scenic, well-run and enjoyable century in which I have participated. The organization was flawless; the volunteers were great; and the support was tremendous. We'll be back next year for sure," said Donna Rostant, a cyclist from Oak Hill, Virginia.

The event was organized and managed by Culpeper County Parks and Recreation's five person staff along with 43 volunteers. The volunteers

helped out at rest stops, served Gatorade, set up tables, took registrations and even made sandwiches.

Two of the volunteers, Judy Nichols and John Van Ness, are members of the Silver Citizens Club, a senior oriented program offered by Culpeper County Parks and Recreation. "We had fun making all those sandwiches," commented Van Ness and Nichols. "I hope the peanut butter and jelly sandwiches didn't make their hands too sticky. We're glad to have helped."

Information on the 2010 event is on page 22.

## Thank

## Battlefield Toyota Chevrolet Best Western Culpeper Inn Christing P. Mills DDS PROVIDED BY:

Christina P. Mills DDS
Craig G. Hoover, OD & Associates
Culpeper ENT – Bruce Redmon, MD
Culpeper Holiday Inn Express
Davies, Barrell, Will, Lewellyn &
Edwards, PLC
Elliott H. DeJarnette, Attorney at Law

EURO-COMPOSITES Corporation
Fray Hudson Clark & Walker LLP
Gayheart & Willis, P.C.
General Insurance Agency –
Jimmy Lee, Agent
Loving & Associates
Maloney & Ward Insurance Agency,
Tom & Charla Reynolds
Virginia Orthopaedic Center, P.C.

Wachovia

**EVENT SPONSORS** 

Culpeper County Sheriff's Office
Culpeper Town Police Department
It's About Thyme
Prince Michel Vineyard & Winery
Madison County Volunteer Fire &
Rescue
Martin's Food
Merchant's Grocery Co., Inc.
Pepsi-Cola Bottling Co. of Warrenton
Rapidan Volunteer Fire & Rescue
Salem Volunteer Fire & Rescue
Sharp Rock Vineyards
Town of Culpeper —

Town of Culpeper –
Dept of Public Works
Quarles Food Store
Jannette Voorneveld

## you

#### **VOLUNTEERS**

Bill & Sonya Marsh
Melissa Mendez
Dianna Sheesley & Girl Scout
Troop #259
Greg Goodwin
Carlee Lawson
Susan Kroh & Options
Sydney Tingle
Bob Reid
Hobson Hurt
Jack Roycroft
Jack & Shelly Maher
Linda Murphy
Jane Barrell

Jane Barrell
Leslie Kidd
Laini & Aaron Bostian
Beth Martin
Chris Willis

Andrew Lawson
Ranea , Rawan, Diana, &
Mohommad Saadeh,
Karen Backman
Alanna Barrett
Mary Sargent
Bill Newman
Beth Burns
Katherine & Fred Ayers
Lorraine LaRosa
Rebecca Leftwich
Judy Nichols
Leslie Maryk
Bruce Cornwall
John Van Ness

Without the sponsors, volunteers, and donors, this event would not be possible.

Thank you.